

The Restored Wetlands Supports Migratory Waterfowl

The Pacific Flyway extends from British Columbia to Mexico and South America and is used during spring and fall migrations by millions of birds. Waterfowl, which nest in the prairie pothole region of the Pacific Northwest, migrate south in the fall and rely on healthy wetlands to "over-winter." Hundreds of thousands of ducks rest and feed in San Francisco Bay during the course of their long journey. Areas like Martin Luther King, Jr. Regional Shoreline are important sources of shelter and forage for them.

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East Bay 
Regional Park District
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northern shoveler (male)



mallards (males)



American wigeon (male)



pintail (female)