

Name: _____



East Bay Regional Park District Lifeguard Service



Application Packet: Aide program 2025

Thank you for expressing interest in the Junior Lifeguard Aide Program. You must be 13-15 years old to apply. This packet has just about everything you need to know about the Aide program. Please read through it carefully! Completed applications can be emailed to Aaron Roth at aroth@ebparks.org.

IMPORTANT: Approximately **30 applicants** will be offered a placement in the **Aide** program this year.

Application Process:

- 1) Send a completed application packet (application, waiver, and code of conduct) by **May 7th**. Any incomplete applications will not be processed. Late applications *may* be considered.
- 2) Applicants **MUST** attend the Aide interview date. Applicants will interview with an Aquatic Assistant, take the swim test, and complete various lifeguard skills. **Bring a bathing suit, towel and goggles!** Interviews will be held at Cull Canyon in Castro Valley.
- 3) Applicants will be notified if accepted into the Aide program by **May 14th**. Applicants are chosen based on a cumulative score that includes facility and session availability, interpersonal skills, and prior experience. Registration will not open on the 14th.
- 4) Applicants who are accepted must pay the registration fee of \$280 by **June 10th**. The fee includes at 2 sessions, full uniform (shorts, shirt, hat, rash-guard), and 1 training day. *If you plan on applying for the Campership scholarship, please do so ASAP. Do no wait to find out if your child has been accepted into the Aide program.*
- 5) Accepted applicants are required to participate in one training day (See part 5 below)

Please fill out this portion AFTER you have completed the application. KEEP THIS PAGE FOR YOUR RECORDS in case you need to reference it to request changes in facility preference or session availability.

Interview Date: _____

Interview Time: _____

Facility preferences: _____, _____, _____
(1st choice) (2nd choice) (3rd choice)

Session availability: _____

KEEP ONLY THIS PAGE FOR YOUR RECORDS!

Name:

Aide Program Application
PLEASE PRINT CLEARLY AND FILL IN ALL SECTIONS

Part 1: Mandatory In-Person Interview

Please check **ONE** interview date you will attend- If an interview slot is full. You will be contacted to verify availability in a different slot.

___ Interview: Saturday May 10, 2025

Please check **ONE** interview time that you will attend

___ 8:00-9:00am ___ 9:00-10:00am ___ 10:00-11:00am ___ 11:00pm-12:00pm

Part 2: Facility preference

Please mark your facility preferences by writing "1" next to your first choice and "2" next to your second choice. We will do our best to accommodate your preferences, but we cannot guarantee the placement of your 1st choice. **If you are not able or willing to participate at a location, mark "N/A".**

___ **Crown Beach (Alameda)**

___ **Cull Canyon (Castro Valley)**

Part 3: Session Availability

Aides must commit to participating in a minimum of 2 sessions from 8:30am-4:30pm, Monday through Friday. There is no extra fee **if** assigned more than 2 sessions. Please *only* mark as many sessions you are **available** for and can commit to if scheduled. NOTE: it is *very* difficult to reschedule once assignments are given.

___ Session 1: 06/23 – 06/27

___ Session 5: 07/28 – 08/01

___ Session 2: 07/07 – 07/11

___ Session 6: 08/04 – 8/08

___ Session 3: 07/14 - 07/18

___ Session 4: 07/21 - 07/25

Part 4: Experience

Please mark the numbers of years of experience you have in the following categories. If no experience in a category, just leave it blank:

Junior Lifeguard	Junior Lifeguard Aide	Cadet	LIT/CIT Program (ex. Scouts, Church, Other Camps, etc.	CPR or First Aid Training
Years:	Years:	Years:	Years:	Years:

Name:

Part 5: Aide Training Days

Training camp will consist of one day.

This mandatory training will cover how to work with JGs, leadership skills, the basic responsibilities of an aide, and general expectations. We also run practice drills for some of the daily responsibilities we expect the Aides to do each day. Uniforms will be passed out at this training day.

_____ Tuesday, June 17th @ Cull Canyon from 10:00a to 3:00p

Part 6: Uniform

The program fee covers the cost of the uniform (hat, trunks, shirt, and rash-guard). Please mark which size you would like for each item so we can better estimate what to stock in our inventory. Uniforms will be passed out at the first training session. All sizes listed are adult.

T Shirt	Small	Medium	Large
Trunks	Small	Medium	Large
Rash guard	Small	Medium	Large

Part 7: Bonus Weeks (No Additional Cost!)

We are able offer bonus weeks of programming in our Aquatic Adventure Camp at Don Castro (Hayward) and Bay Adventure Camp at Crown Beach (Alameda). If you are interested in additional weeks of programming, please mark your preferences below. We will do our best to place you in bonus weeks based on availability listed above.

Not available/interested in bonus weeks

Available for Aquatic Adventure (Don Castro)

Available for Bay Adventure (Crown Beach)

Part 8: Comments (if any)

Name: _____



Junior Lifeguard Aide Program Code of Conduct Agreement

Parents and Aide applicants: Please read carefully and sign the bottom.

Name of Junior Lifeguard Aide (print clearly): _____

Lifeguarding is a noble calling, one which is founded on mutual respect and trust between lifeguards and the citizens they serve. To ensure the continuing integrity of the Lifeguard Service Unit, the highest standards of ethical conduct must always be maintained. As a Junior Lifeguard Aide you are asked to uphold these standards.

The East Bay Regional Park District Lifeguard Service Unit is founded on the core values of integrity, honesty, respect, service, and safety. These five core values will help you make the best decisions whether easy or challenging. Adopting these core values will promote a culture of ethical integrity and high standards of professionalism.

Integrity – do the right thing even when no one is looking

1. Arrive at 8:30 every morning with enthusiasm and alertness; always give your full attention.
2. Always use your best judgment and common sense.
3. Respect each other's belongings and all EBRPD equipment.
4. Act immediately when requested by instructor(s), Head Lifeguard, or Aquatic Assistant or Supervisor.

Honesty – be truthful and honest in all communication

1. Your instructor is responsible for the entire program at all times. Ask permission before leaving the area. Do not wander off without a buddy and permission.
2. Immediately alert your instructor to any problems.

Respect – treat all individuals the way they would like to be treated

1. Always give your instructor your full attention.
2. Junior Lifeguard Aides represent the East Bay Regional Park District and are expected to be polite and respectful to their fellow Junior Lifeguards, Aides, lifeguard staff, instructors and the public always.
3. Do not bully, tease, or bad-mouth others. Do not engage in horseplay or practical jokes. Inappropriate language, actions or conversations will not be tolerated.

Service – professionalism and conduct

1. Always wear Junior Lifeguard Aide uniform during the program: T-shirt/shorts/rash guard/hat.
2. Always help with equipment set-up and clean-up
3. Keep area clean and pick up after yourself and others.

Safety – for you, other Aides, park staff, and the park visitors.

1. Physical contact between Instructors and Aides, or Aides and Junior Lifeguards, should always be appropriate and related to the skill being learned or an approved activity being conducted. When possible, opposite genders should NOT work together during activities with physical contact
2. Junior Lifeguard Aides are not allowed in the water without instructor permission.
3. Reapply sunscreen at every break (at least 4x per day).
4. Come prepared with a beach towel, sunscreen, lunch, snacks, and plenty of drinking water for the day

*I have completely read and agree to abide by the rules and regulations. I understand Aides will be given **one verbal warning** before proceeding to disciplinary action which includes a parent/guardian phone call and/or a conference meeting with the Aquatic Assistant. I understand that failure to change my behavior or the continuation of violating any parts of the Code of Conduct Agreement will result in my removal from the program-- **without a refund**.*

Name of Junior Lifeguard Aide _____ **Date:** _____

Signature of Junior Lifeguard Aide _____ **Date:** _____

Signature of parent/guardian: _____ **Date:** _____